

SHAWNEE COUNTY

ABUSE/NEGLECT/ EXPLOITATION/FRAUD

Kansas Department for Aging and
Disability Services

*Nursing home, hospital, home
health agency, etc. abuse or neglect:
800-842-0078
<http://www.kdheks.gov>

Kansas Protection Report Center
(*Abuse, Neglect, Exploitation*)
Topeka, 800-922-5330
<http://www.dcf.ks.gov>

Better Business Bureau of
NE KS, Inc.
Wichita 316-263-3146 or
800-856-2417
www.kansasplains.bbb.org

Center for Safety & Empowerment
Topeka, 785-354-7927
24-hour Crisis Hotline Number:
888-822-2983

Consumer Protection Division
Topeka, 785-296-3751 or
800-432-2310
<http://ag.ks.gov/in-your-corner-kansas/home>

KanCare Ombudsman
(*Assists beneficiaries to navigate
and access covered health care
services and supports*)
Toll Free 855-643-8180
Office 785-296-6270
TTY 711
Fax 785-296-0256

Kansas Advocates for
Better Care
Lawrence, 785-842-3088 or
800-525-1782
www.kabc.org

Kansas Attorney General
Topeka, 785-296-2215 or
888-428-8436
www.ag.ks.gov

The Kansas Crisis Hotline
1-888-363-2287 (*24-hour statewide
hotline linking victims of domestic
violence and sexual assault to local
services*)
www.kcsdv.org

Kansas Elder Law Hotline
Topeka, 888-353-5337

Kansas Foundation for Medical
Care, Inc. (*Educates consumers so
they can make informed decisions
about healthcare*)
Topeka, 785-273-2552 or
800-432-0407
www.kfmc.org

Kansas Long-Term Care
Ombudsman (*provides a free
resident advocate program*)
Topeka, 785-296-2962 or
877-662-8362
www.kansasombudsmanksgov.com

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

ADDICTIONS

(*See Mental Health*)

ADULT DAY PROGRAMS

Brewster Place Retirement
Community

Topeka, 785-267-1666
www.brewsterplace.org

Clare Bridge of Topeka
Brookdale Senior Living
(For Alzheimer/Dementia)
Topeka, 785-271-5100
Fax 785-271-8529
www.brookdaleliving.com

Hillsdale Place
Topeka, 785-383-7094

Legacy on 10th Ave
Topeka, 785-233-8918

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcareconnection.org

Oakley Place of Rossville
Rossville, 785-221-7740

Oakley Place of Topeka
Topeka, 785-232-6000

Rossville Valley Manor
Rossville, 785-584-6104

Topeka Adult Care Center
Topeka, 785-233-7397

Winter Meadow Homes Inc.
Topeka, 785-234-2989 or
785-383-4531
www.wintermeadowhomesinc.com

**AGING, ADVOCACY &
SUPPORT SERVICES**

Aging and Disability Resource
Center (ADRC)
Toll Free 855-200-2372

Alcoholics Anonymous
24hr Hotline: 785-842-0110

Alzheimer's Association
Topeka, 785-271-1844 or
800-272-3900
www.alz.org/kansascity

Americans with Disabilities Act
800-514-0301 or
800-514-0383 TTY
www.ada.gov

Catholic Charities of
NE Kansas
Topeka, 785-233-6300
www.catholiccharitiesks.org

Community Resources Council
Topeka, 785-233-1365
Fax 785-233-1905
www.crcnet.org

Disability Determination Services
Topeka, 785-267-4440

Disability Rights
Center of Kansas
Topeka, 785-273-9661 or
877-776-1541
TDD 877-335-3725
www.drckansas.org

El Centro of Topeka
Topeka, 785-232-8207
www.elcentrooftopeka.org

ElderCare Locator
800-677-1116
www.eldercare.gov

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

KanCare Ombudsman
*(Assists beneficiaries to navigate
and access covered health care
services and supports)*
Toll Free 855-643-8180
Office 785-296-6270
Fax 785-296-0256

Kansas Advocates for
Better Care
Lawrence, 785-842-3088 or
800-525-1782
www.kabc.org

Kansas Department for Aging and
Disability Services
Topeka, 785-296-4986 or
800-432-3535
TTY 785-291-3167
www.kdads.ks.gov

Kansas Department of Revenue
*Taxpayer Assistance
785-368-8222
*Taxpayer Advocate
316-651-2100
www.ksrevenue.org

Kansas Foundation for Medical
Care, Inc. *(Educates consumers so
they can make informed decisions
about healthcare)*
Topeka, 785-273-2552 or
800-432-0407
www.kfmc.org

Kansas Health Consumer Coalition
Topeka, 785-232-9997
Fax 785.232.9998
www.kshealthconsumer.com

Kansas Legal Services
Topeka, 785-354-8531
800-723-6953 application phone
number
www.kansaslegalservices.org

Kansas Long Term Care
Ombudsman
*(Institutional concerns or questions
about resident's rights, transfer and
discharge rights or other care
issues)*
Topeka, 785-296-2962 or
877-662-8362
www.kansasombudsmanksgov.com

Kansas State Board of Mortuary
Arts *(Pre-planning funeral
arrangements/Memorial planning
guide)*
Topeka, 785-296-3980
www.kansas.gov/ksbma

National Committee to Preserve
Social Security and Medicare
Senior Hotline: 800-998-0180
www.ncpssm.org

Safe Streets
Topeka, 785-266-8666

Shawnee County Health Agency
Topeka, 785-251-2000
www.shawneehealth.org

Shawnee County Medical Society,
Inc. Health Access
785-235-0996
www.scmsha.org

The Solution Outreach Center at
OCCK Inc.
*(Connects people with disabilities
of all ages to the tools needed to
live as full participants in the
community)*
Salina, 785-827-9383 or
800-526-3648
www.occk.com/outreach.cfm

Stormont-Vail
Health Connections
*(Answers to Your Health Questions,
Find a Physician)*
Topeka, 785-354-5225
www.stormontvail.org

Stormont-Vail
Healthwise 55 Resource Center
Topeka, 785-354-6787

TARC Inc.
Topeka, 785-232-0597
www.tarcinc.org

Topeka Rescue Mission
Topeka, 785-354-1744
Day to Day Needs Information –
785-354-1744 opt. 5
trmonline.org

Topeka & Shawnee County
Public Library
Topeka, 785-580-4400
Text Us: 785-783-0096
www.tscpl.org

Women's Institute for a Secure
Retirement
*(Education and advocacy that will
improve long-term financial quality
of life for women)*
Washington, DC 202-393-5452
www.wiserwomen.org

ALZHEIMER'S/DEMENTIA SUPPORT AND INFORMATION

Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

Alzheimer's Disease Education and
Referral Center
Call toll-free at: 800-438-4380
Send e-mail to: adear@nia.nih.gov

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

MedicAlert® + Alzheimer's
Association Safe Return
Online: medicalert.org/safereturn
888-572-8566

APARTMENT COMPLEXES INDEPENDENT LIVING RETIREMENT COMMUNITIES

(*) = Subsidized
Aldersgate Village Retirement
Community
Topeka, 785-478-9440
www.aldersgatevillage.org

Arbor Court Retirement
Community at Topeka
Topeka, 785-273-6847

Arbor Valley Senior Homes
Topeka, 785-806-3699

Atria Hearthstone
Retirement Community
Topeka, 785-234-6225
www.atriaseniorliving.com

Brewster Place
Retirement Apartments
Topeka, 785-267-1666
Fax 785-267-9355
www.brewsterplace.org

(*) Capitol Village
Topeka, 785-233-8165

(*) Century Plaza
Topeka, 785-267-0960

Cottages of Topeka
Topeka, 785-232-4300

(*) The First Apartments
Topeka, 785-272-6700
Fax 785-272-9286
www.thefirstapartments.org

(*) Jefferson Villas
Topeka, 785-357-6227
Fax 785-357-7214

(*) Knightsbridge Manor
Topeka, 785-233-0870
Fax 785-233-0311

(*) La Colonia
Topeka, 785-354-4225
www.lacoloniatopeka.com

(*) Landmark Plaza
Topeka, 785-233-5769
Fax 785-233-0191

Lexington Park
Independent Living
Topeka, 785-273-4545
Fax 785-272-3071
www.midwest-health.com

(* Luther Place Apartments
Topeka, 785-273-2944
www.lutherplace.net

Martin Creek Place
Topeka, 785-273-2944
www.martincreek.net

McCrite Plaza Topeka
Topeka, 785-267-2960
www.mccriteretirement.com

(* Mission Towers
Topeka, 785-266-5656

(* Pearl Place Apartments
Rossville, 785-584-6868

(* Pioneer Curtis Homes
Topeka, 785-232-8715

Pioneer Motive Power Place
Topeka, 785-232-8001

(* Polk Plaza
Topeka, 785-357-0307
www.tha.gov

(* Plaza West Apartments
Topeka, 785-272-5660
Email: plazawest@cohenesrey.com

(* RoseHill Place
Topeka, 785-228-3666
www.rosehillplace.info

(* Rossville Apartments
Rossville, 785-584-9900

(* Santa Fe Place Apartments
Topeka, 785 234-3386

(* Shorey Villa
Topeka, 785-233-6269

(* Southbrook Apartments &
Townhomes
Topeka, 785-273-6116
www.midlandmgmt.com

T-Town Home
Topeka, 785-234-1614

(* Tennessee Town
Topeka, 785-357-8842

Thornton Place
Topeka, 785-392-6745
www.holidaytouch.com

Topeka Presbyterian Manor
Topeka, 785-272-6510
Fax 785-272-5728
www.topekapresbyterianmanor.org

(* Tyler Towers
Topeka, 785-357-8842

(* Valley Springs Senior Housing
Auburn, 785-256-7100

(* Wesparke Village
Topeka, 785-273-7000
www.wesparke.info

ASSISTED LIVING

(*)=**Accepts Medicaid**

(* Aldersgate Village
Topeka, 785-478-9440
www.aldersgatevillage.org

Atria Hearthstone Assisted Living
Topeka, 785-234-6806
Fax 785-235-5709
www.atriahearthstone.com

(* Brewster Place
Assisted Living

Topeka, 785-267-1666
www.brewsterplace.org

Clare Bridge Brookdale
Senior Living
(For Alzheimer's and Dementia)
Topeka, 785-271-5100
Fax 785-271-5595
www.brookdaleliving.com

(* Countryside Health Center
Topeka, 785-234-6147
Fax 785-232-8781
www.midwest-health.com

(* Fairlawn Heights
Topeka, 785-272-6880
Fax 785-272-6948

Homestead Assisted Living
Topeka, 785-272-2200
Fax 785-272-3862

(* Homestead of Auburn
Auburn, 785-256-7100
Fax 785-256-7902

(* Peggy Kelly House I
Topeka, 785-234-8888
Fax 785-234-0885

(* Peggy Kelly House II
Topeka, 785-273-3773
Fax 785-271-6638

Legend at Capital Ridge Assisted
Living and Memory Care Topeka,
785-272-9400
www.legendseiorliving.com

Lexington Park Assisted Living
Topeka, 785-4400400
Fax 785-440-0498
www.lexingtonparkcommunity.com

Meriden Adult Services-Plus
Meriden, 785-484-2380

McCrite Plaza Topeka
Topeka, 785-267-2960
www.mccriteretirement.com

(*)Oak Creek Senior Living
Topeka, 785-272-2601

(*)Rolling Hills Health Center &
Assisted Living Apartments
Topeka, 785-273-2202

(*)Rose Villa (for Veterans)
Topeka, 785-232-0671

Topeka Presbyterian Manor
Topeka, 785-272-6510
Fax 785-272-5728
www.topekapresbyterianmanor.org

**ASSISTIVE TECHNOLOGY
(Includes Medical Equipment
& Adaptive Equipment)**

American Care Equipment
Overland Park, 913-383-3456
Fax 913-383-3797

Apria Health Care
Topeka, 785-272-7191 or
800-277-4288
Fax 785-272-0358
www.apria.com

Assistive Technology of Topeka
*Resource Center for Independent
Living (RCIL)*
785 267-1717
Fax 785-267-1711
www.atk.ku.edu

Assistive Technology for Kansans
Device Loan System
*(Equipment can be borrowed from
the ATK Equipment Loan System
for up to four weeks)*
Topeka, 800-526-3648

Audio-Reader
Lawrence, 785-864-4600 or
800-772-8898
www.reader.ku.edu

Banner Mobility
Resources, Inc.
Topeka, 785-235-3070

Clock Medical Supply
Winfield, 620-221-0550 or
800-362-1314
www.clockmedical.com

Community Action
Topeka, 785-235-9296

Criticare Home Health
Services, Inc.
Lawrence, 785-749-4878 or
800-527-9596
www.criticarehhs.com

Disability Rights Center of KS
*(Kansans with disabilities who need
access to Assistive Technology)*
Topeka, 785-273-9661 or
877-776-1541

TDD 877-335-3725
www.drckansas.org
K-Loan – The Kansas Assistive
Technology Loan Program
*(Manages a low interest loan
program and a directed savings
program.)*
Topeka, 866-465-2826
www.k-loan.net

Kansas Braille Transcription
Institute
Wichita, 316-265-9692

Kansas Deaf-Blind Project
Kansas City, 913-305-3086
www.kansasdeafblind.kssdb.org

KATCO - Kansas Assistive
Technology Cooperative
*(Reduced Interest Financing and
flexible term financing)*
Emporia, 866-465-2826
Fax 620-342-6400
www.katco.net

KSDS, Inc Assistance Dogs
*(Guide Dogs, Service Dogs,
Facility Dogs)*
Washington, KS 785-325-2256
www.ksds.org

Hair Secrets
(Hair wigs)
Topeka, 785-272-3600

Hanger Clinic: Orthotic &
Prosthetic Solutions
Topeka, 785-232-5382
www.hanger.com

Helen Keller National Center
(HKNC)
Shawnee Mission
913-677-4562
www.HKNC.org
Home Elevator Company
Wichita, 316-721-2225 or
800-798-3150
www.homeelevatorks.com

Jayhawk Pharmacy and Patient
Supply
Topeka, 785-228-9700 or

785-235-9700

Kansas Commission for the Deaf
and Hard of Hearing
Topeka, 785-368-8034
800-432-0698 (voice/TTY)
785-368-8046 (TTY)
<http://www.dcf.ks.gov>

Kansas Equipment Exchange
*Resource Center for Independent
Living (RCIL)*
Topeka, 785-267-1717

Kan-SAIL (Kansas Seniors
Achieving Independent Living)
*(Provides the vision-impaired with
skills for independent living)*
Topeka, 785-296-3311 or
800-547-5789

Kansas Talking Books
*(Provides personalized library
support and materials in a
specialized format to eligible
Kansas residents to ensure that all
may read)*
Emporia, 620-341-6280 or
800-362-0699

Kansas Telecommunications
Access Program –TAP
*Resource Center for Independent
Living (RCIL)*
Topeka, 785-267-1717
www.kansastap.org

Lohmann & Rauscher, Inc.
Topeka, 785-862-1100 or
800-279-3863

Medventures Inc
Topeka, 785-862-1806

Munns Medical Discount Store
Topeka, 785-228-0187

Resource Center for Independent
Living
Topeka, 785-267-1717 or
800-580-7245
Fax 785-528-3665
www.rcilinc.org

Starr Medical Supply Inc.
Wamego, 785-456-7827
www.starrmedical.com

Topeka & Shawnee County Public
Library
Red Carpet Senior Services
*(Delivers to congregate living sites
and individuals in their homes on a
regularly-scheduled basis)*
Topeka, 785-580-4545
<http://tscpl.org/services/red-carpet>

Topeka Independent Living
Resource Center (TILRC)
Topeka, 785-233-4572
TTY: 785-233 1815
Fax 785-233-1561
www.tilrc.org

Topeka ReBath
Topeka, 785-266-9800
www.rebathkansas.com

BATHING ASSISTANCE
(See In-Home Services)

BOARD AND CARE HOMES
(* = **Accepts Medicaid**)
Cottage Senior Care, LLC
Mission, 913-428-6898
www.cottageseniorcare.com

Moore Adult Care Home
Topeka, 785-286-2859

Rose Villa Residential
Care Facility
Topeka, 785-232-0671

(* Topeka Adult Care Center
Topeka, 785-233-7397

CANCER

American Cancer Society
Topeka, 785-273-4422 or
800-359-1025
www.cancer.org

American Cancer Society
Kansas Guest Room Program
*(Provides free or discounted
overnight accommodations to
cancer patients who have traveled
at least 50 miles from their homes
to receive treatment)*
Topeka, 785-273-4422 or
800-227-2345
www.cancer.org

American Cancer Society
Wigs
*(Provides free wigs, turbans, hats
and/or scarves to individuals who
experience hair loss related to
cancer)*
Topeka, 785-273-4422
www.cancer.org

St. Francis Comprehensive Cancer
Center
Topeka, 785-295-8836

St. Francis Leukemia & Lymphoma
Support Group
785-295-8263

St. Francis Ostomy Group
785-295-7800

1-888-369-4777
www.dcf.ks.gov

800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

St. Francis Prostate Cancer Support
Group
785-295-8038

Grandparent Caregiver
Support Group
Topeka, 785-286-2329

Resource Center for Independent
Living (RCIL)
Topeka, 785-267-1717 or
800-580-7245
Fax 785-528-3665
www.rcilinc.org

CAREGIVER RESOURCES
Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Shawnee County Health Agency
Gatekeepers Program
(short term case management)
Topeka, 785-251-2751
www.shawneehealth.org

Caregiver Action Network
800-896-3650
www.caregiveraction.org

Kansas City Partnership for
Caregivers (KCPC)
Kansas City, 816-932-9822

Caring Connections
(provides people with information
and support when they are planning
ahead, caring for a loved one,
living with an illness or grieving a
loss)

Kansas Lifespan Respite Coalition
Wichita, 316-218-9363
www.ksrespice.com

TARC (HCBS IDD)
Topeka, 785-232-0597 Ext. 311
Fax 785-235-8041
www.tarcinc.org

HelpLine - 800-658-8898
WWW.NHPCO.ORG

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

Topeka Independent Living
Resource Center (TILRC)
785- 233-4572 V/TDD
785- 233-1815 TTY
Fax 785- 233-1561
www.tilrc.org

Customized Senior Navigator
Angi Heller-Workman, BSW
Private Care Manager
angi.workman@gmail.com
(785)640-1304

National Hospice and Palliative
Care Organization
Alexandria, VA
703-837-1500 or 800-646-6460
www.nhpco.org
Email: nhpco_info@nhpco.org

Veterans Home Care
877-390-6377
www.veteranshomecare.com

Eldercare Locator
800-677-1116
www.eldercare.gov

Veterans Home Care
877-390-6377
www.veteranshomecare.com

Family Caregiver Alliance
San Francisco, CA
800-445-8106
www.caregiver.org

Family Caregiver Support Program
Topeka, 785-235-1367

CASE MANAGEMENT
Customized Senior Navigator
Angi Heller-Workman, BSW
Private Care Manager
angi.workman@gmail.com
Topeka, 785-640-1304
Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or

CHORE SERVICES
Community Action
Topeka, 785-235-9296

Elder Helpers
734-330-2734 or
email: help@elderhelpers.org
www.elderhelpers.org

Grandparents as Caregivers Cash
Assistance Program

United Way of Greater Topeka
2-1-1 PROGRAM

Topeka, Dial 2-1-1 or
888-413-4327
www.211us.org

United Way of Greater Topeka
**RETIRED & SENIOR
VOLUNTEER PROGRAM**
Topeka, 785-228-5124
www.unitedwaytopeka.org

CLOTHING BANKS
(See Emergency Services)

COMMODITIES

Harvester's Community Food
Network KC, Mo. 816-929-3220
www.harvesters.org

**COMMUNITY HEALTH
ORGANIZATIONS &
SUPPORT GROUPS**

Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

American Cancer Society
Topeka, 785-273-4422

American Heart Association
Heartland Affiliate, Inc
Topeka, 785-272-7056
www.americanheart.org

American Lung Association
of Kansas
800-LUNGUSA
www.kslung.org

Antioch Family Life Center
Topeka, 785-232-1937

Arthritis Foundation
(Kansas Chapter)
800-362-1108

www.arthritis.org

Centers for Disease Control
and Prevention
Atlanta, GA
800-232-4636
TTY 888-232-6348 24
www.cdc.gov

Center for Safety and
Empowerment
Support Groups & Counseling
Topeka, 785-354-7927 or
888-822-2983

Cotton-O'Neil Diabetes and
Endocrinology Center
Diabetes Learning Center
Topeka, 785- 368-0416

Community Blood Center
Topeka, 785-233-0195
www.savealifenow.org

The Compassionate Friends
(*Providing Grief Support After the
Death of a Child*)
Topeka, 785-272-4895
www.compassionatefriends.org

East Topeka Senior Center
Topeka, 785-232-7765

Health Wise 55
Stormont-Vail Hospital
Topeka, 785-354-6787

Identity Theft Hotline
877-438-4338

Kansas Foundation for Medical
Care, Inc.
(*Quality Care Advocates for
Medicare Beneficiaries only*)

Topeka, 785-273-2552 or
800-432-0407

Kansas Rehabilitation Hospital
Home Referral Program
Phone interview
785-232-8524
Fax 785-232-8556

Leukemia - Lymphoma Society
316-266-4050
www.lls.org

Marian Clinic
Topeka, 785-233-8081
Fax 785-233-8952
www.marianclinic.org

Martin de Porres Dental Clinic
Topeka, 785-233-2800
www.marianclinic.org

Meadowlark New Voice Club
C/o Topeka Ear, Nose and Throat
785-233-0500

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

National Alliance for
Hispanic Health
Washington, D.C.
202-387-5000
www.hispanichealth.org

National Multiple Sclerosis Society
Branch
Topeka, 785-272-5292 or
800-344-4867
www.nationalmssociety.org

NE Kansas Parkinson Association
Topeka, 785-478-9045

Office of Civil Rights
800-368-1019
www.dhhs.gov/ocr

Oncology Support Group
785-295-7800

Osteoporosis Helpline
800-624-2663
TTY: 202-466-4315
www.niams.nih.gov

Ostomy Support Group
785-273-4422

Parkinson's Foundation
800-327-4545

Positive Connections
Topeka, 785-232-3100
www.pcneks.org

Shawnee County Health Agency
Topeka, 785-291-2490
Fax 785-291-2498

Shawnee County Health Agency
Gatekeepers Program
(Help any adult living in Shawnee County have the opportunity to be connected to health care, mental health services, appropriate housing, emergency aid, and support services)
Topeka, 785-251-2751
www.shawneehealth.org

Shawnee Regional Prevention
& Recovery Services
Topeka, 785-266-8666
www.parstopeka.com

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

Women's Recovery Center
Topeka, 785-233-5885

COMPANIONSHIP SERVICES

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Advocare
Wamego, 785-456-8910 or
800-767-8718
www.advocarehomecare.com

Angels At Home Care
Topeka, 271-4376
www.angelsathomecareks.com

Blassingame Home Care LLC
Topeka, 785-286-2273
www.blassingamehomecare.com

Benefits of Home
Lawrence, 785-727-1816
www.benefitsofhome.com

Caregivers Home Care
Topeka, 785-354-0767 or
785-217-5330

Cottage Senior Care, LLC
Mission, 913-428-6898
www.cottageseniorcare.com
Heart 2 Heart In Home Care
Lawrence, 785-764-9946
www.heart2heartkansas.com

Home Instead Senior Care
Topeka, 785-272-6101
Fax 785-246-5316

www.homeinstead.com/584

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Interim HealthCare
Topeka, 785-272-1616
www.interimhealthcare.com

Midland Care
Topeka, 785-232-2044
www.midlandcareconnection.org

Professional Comfort Care
Lawrence, 785-832-8260
Professional Sitters Home Health
Lawrence, 785-842-3301
www.prosittershomehealth.com

Veterans Home Care
877-390-6377
www.veteranshomecare.com

CONSUMER RESOURCES CIVIC/PROTECTION/ SERVICE ORGANIZATIONS

AARP Kansas Office
Topeka, 866-448-3619
Fax 785-232-8259
City Offices:
Auburn, 785-256-2426
Rossville, 785-584-6155
Silver Lake, 785-582-4280
Topeka, 785-368-3754
www.topeka.org

Federal Citizen Information Center
(FCIC)
(answers to questions about consumer problems and government services)
www.publications.usa.gov

Consumer Protection
Judicial Center
www.ftc.gov/ftc/consumer.htm

Driver's License Exam Station
(Open Tues – Friday)
Topeka, 785-266-7380,
(See Also AARP)

Federal Trade Commission
Identity Theft Complaints
877-438-4338
www.ftc.gov

Greater Topeka Chamber of
Commerce
Topeka, 785-234-2644
www.topekachamber.org

Housing and Consumer
Credit Counseling
Topeka, 785-234-0217
www.hcci-ks.org

Kansas Attorney General Topeka,
Topeka, 785-296-2215
Or 888-428-8436
Fax: 785-296-6296
www.ag.ks.gov

KDHE Department of Vital
Statistics (*Birth, Death, Marriage
Records*)
785-296-1400
www.kdheks.gov/vital

Kansas Department of Revenue
Taxpayer assistance
785-368-8222
Kansas taxpayer advocate
316-352-7506

League of Women
Voters of Kansas
Topeka, 785-234-5152

Medicare Fraud/Abuse
(*You may be eligible for a reward
of up to \$1,000*)

1-800-MEDICARE
TTY/TDD 800-633-4227

National DO NOT CALL Registry
888-382-1222
www.donotcall.gov

Safe Streets/Safe Solutions
Community Dispute
Resolution Service
Topeka, 785-266-4606
Fax 785-266-3833

The Senior Citizens League –
(*Protecting and Defending Benefits
for Seniors*)
800-333-8725
www.seniorsleague.org

United Way of Greater Topeka
Topeka, 785-273-4804

Voter Registration
Shawnee County
Election Office
Topeka, 785-266-0285

MAILING LISTS:
(**Call either of the next two
listings to request your name be
removed from all mailing lists.**)

Mail Preference Service -
Direct Marketing Association
Farmingdale, NY
212-768-7277
www.dmaconsumers.org

Donnelly Marketing – Info Group
Data Base Operations
Ames, IA

888-633-4402

CONTINUING CARE RETIREMENT COMMUNITY

Aldersgate Village
Topeka, 785-478-9440
www.aldersgatevillage.org

Brewster Place
Retirement Center
Topeka, 785-267-1666
www.brewsterplace.org

Lexington Park
Topeka, 785-440-0400 or 785-440-
0399

McCrite Plaza
Retirement Center
Topeka, 785-267-2960

Topeka Presbyterian Manor
Topeka, 785-272-6510
Fax 785-272-5728
www.topekapresbyterianmanor.org

DEAF & HARD OF HEARING RESOURCES

Audient (*Hearing aid help for low
income people nationwide*)
866-956-5400
<http://audientalliance.org/>

HeartSpring Hearing Center
Wichita, 800-835-1043

Hearing Aid Help-line
800-521-5247

Starkey Hearing Foundation
Hear Now Program
Eden Prairie, MN
800-328-8602
Application request:

800-648-4327
www.sotheworldmayhear.org

KATCO - Kansas Assistive
Technology Cooperative
*(Reduced Interest Financing and
flexible term financing)*
Emporia, 866-465-2826
Fax 620-342-6400
www.katco.net

KS Commission for the Deaf and
Hard of Hearing (KCDHH)
Topeka, 785-368-8034 or 800-432-
0698 (voice/TTY)
<http://www.dcf.ks.gov>

Kansas Relay Service, Inc
Lawrence, TTY: 800-766-3777

Kansas State University
Speech and Hearing Center
Manhattan, 785-532-6879
*(Assistance in purchase of Hearing
aids)*
www.ksu.edu

Kansas Telecommunications
Access Program –TAP
*Resource Center for Independent
Living (RCIL)*
Topeka, 785-267-1717
www.kansastap.org

University of Kansas Speech
Language and Hearing Clinic
Lawrence, 785-864-4690
TTY 785-864-5094

DENTAL ASSISTANCE
Affordable Dentures
Topeka, 785- 693-2611

Central Dental Center
Wichita, 316-945-9845
(Dentures: \$345 both upper &
lower plates)

Dental Lifeline Network
Topeka, 785.273.1900
www.dentallifeline.org/kansas

Douglas County Dental Clinic
Lawrence, 785-312-7770

Flint Hills-Emporia Clinic
Emporia, 620-342-4864
www.flinthillshealth.org

Johnson Community College
Dental Hygiene Program
Overland Park
913-469-3808, Ext. 1
(\$10 services – x-rays, cleaning,
preventative and referrals only)

Kansas Mission of Mercy
www.ksdentalfoundation.org
University of Missouri -

Kansas City
School of Dentistry
Kansas City, MO 816-235-2111
www.umkc.edu

Marian Clinic Dental
Topeka, 785-233-2800
www.marianclinic.org

Shawnee County Health Agency
Gatekeepers Program
(Referrals for dental care)
Topeka, 785-251-2751
www.shawneehealth.org

DISABILITY SERVICES

Aging and Disability Resource
Center (ADRC)
Toll Free 855-200-2372

Americans with Disabilities Act
800-514-0301 or
800-514-0383 TTY
www.ada.gov

Department for Children and
Families (DCF)
Topeka, 785-296-2500
TTY 785-296-4026

Disability Determination Services
Topeka, 785-267-4440

Disability Rights Center of Kansas
Topeka, 785-273-9661 or
877-776-1541
TDD 877-335-3725
www.drckansas.org

Families Together
*(parent training and information
center serving families that include
a son/daughter with a disability
from birth to age 22)*
Topeka, 785-233-4777 or
800-264-6343
www.familestogetherinc.org

Jobs for Veterans Program
Topeka, 785-235-5627

Kansas CDDO Coalition
Email: info@ksbddcoalition.com
www.ksbddcoalition.com

Kansas Human Rights
Commission (KHRC)
Topeka, 785-296-3206 or
888-793-6874

www.khrc.net

Kansas Legal Services/Employment Training
Topeka, 785-232-5348 or
877-298-2675

Kansas Money Follows the Person
(helps individuals currently living in institution settings to choose to transition into community base services)
Topeka, 785-296-7744

Kansas Telecommunications Access Program –TAP
Resource Center for Independent Living (RCIL)
Topeka, 785-267-1717
www.kansastap.org

Kansas Long Term Care Ombudsman
(Institutional concerns or questions about resident's rights, transfer and discharge rights or other care issues)
Topeka, 785-296-2962 or
877-662-8362
www.kansasombudsmanksgov.com

Resource Center for Independent Living (RCIL)
Topeka, 785-267-1717 or
800-580-7245
Fax 785-528-3665
www.rcilinc.org

Self-Advocate Coalition of Kansas
(purpose of self-advocate groups are to provide leadership experience and community involvement opportunities and to

support the inclusion of people with DD in the community)
Lawrence, 785-749-5588 or
888-354-7225

Shawnee County Community Developmental

Disability Organization
Topeka, 785-232-5083
Fax, 785-235-8041

Shawnee Regional Prevention and Recovery Services
Topeka, 785-266-8666
www.parstopeka.com

Social Security Office
Topeka, 888-327-1271
www.ssa.gov

TARC, Inc
Topeka, 785-232-0597

Ticket to Work
(answer questions about work incentives for SS beneficiaries)
Topeka, 888-327-1271

Topeka Independent Living Resource Center (TILRC)
785- 233-4572 V/TDD
785- 233-1815 TTY
Fax 785- 233-1561
www.tilrc.org

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

Vocational Rehabilitation
Topeka, 785-296-1348

Work Opportunities Reward Kansas (WORK) Program
Topeka, 785- 296-8009
Workforce Center
Topeka, 785-235-5627
www.workforcecenters.com/topeka

Working Healthy
Earl Williams
Topeka, 785-296-5136
EWilliams@kdheks.gov

DRIVING COURSE AND DRIVING INFORMATION

Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

Bill Kennedy's Driver Education Schools
Senior Driving Evaluation Program
Topeka, 785-272-1961 or
800-557-7357
Fax 785-271-2409
www.kennedydrivered.com

Driver's License Exam Station
Topeka, 785-266-7380

Healthwise 55 -
"Mature Driving Course"
Pozez Education Center
785-354-5225
www.stormontvail.org

Kansas AARP Office
Topeka, 866-448-3619
(Can assist with driving assessment)

DRIVER'S LICENSE/ID CARDS

Driver's License Exam Station
Topeka, Kansas
785-266-7380

**DURABLE POWER OF
ATTORNEY**
(See Legal Services)

EDUCATION & LITERACY

City of Topeka Senior Adult
Programs
(Classes in exercise, dance, bridge
– Sr. Olympics Sponsor)
Topeka, 785-368-3798
Fax 785-368-2542
www.topeka.org

Community Action
Topeka, 785-235-9296
Fax 785-290-3200
(English as a second language,
GED, United States Citizenship
and/or Personal Computer Classes)

Educational Opportunity Center
Topeka, 785-272-5828

Kansas State Library
Hotline: 800-432-3919
Fax 785-296-6650
(Free online tutoring,
Heritage Quest)
www.kslib.info

Let's Help, Inc.
Topeka, 785-234-6208
(Classes in literacy, OKEP,
computer, internet, Word, Excel
and Power Point programs)
www.letshelpinc.org

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661

www.trmonline.org

Topeka/Shawnee County
Public Library
Topeka, 785-580-4530
Fax 785-580-4496
(Computer classes, live help)
www.tscpl.org

Topeka Literacy Council
Topeka, 785-234-2806

Higher Education

Baker University School of Nursing
Topeka, 785-354-5850

Bryan University
Topeka, 785-272-0889

Friends University
Topeka, 785-272-9595

Marinello School of Beauty
Topeka, 785-267-7701

Rasmussen College
Topeka, 785-228-7320

Regency Beauty Institute Topeka
Topeka, 785-272-0784

Washburn Institute of Technology
Topeka, 785-273-7140

Washburn University-
Topeka, 785-670-1010

**PERSONAL EMERGENCY
RESPONSE MONITORING**
A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Brewster At Home
Topeka, 785-274-3303
www.brewsterplace.org

Home Buddy
Wichita, 316-262-8339 or
866-922-8339
www.HomeBuddy.org

LifeFone
White Plains, NY
800-330-5909
www.lifefone.com

Lifeline-Stormont-Vail Healthcare
Topeka, 785-354-6333
www.stormontvail.org

Link to Life
800-848-9399
www.link-to-life.com

Rueschhoff Security Services
Lawrence, 800-279-2121

EMERGENCY SERVICES
(Could include: food,
prescriptions, rent assistance,
utilities)

American Red Cross
Topeka, 785-234-0568
www.thinkred.org

Antioch Family Life Center
Topeka, 785-232-1937

Community Action
Topeka, 785-235-9296

Doorstep Inc.
Topeka, 785-357-5341
www.doorsteptopeka.org

Fellowship & Faith Ministries Inc.
Topeka, 785-354-7262
*Hours: Tuesday, Wednesday and
Thursday– 8:30a.m.-3:30 p.m.*

Let's Help, Inc.
Topeka, 785-234-6208
www.letshelpinc.org

Kansas Domestic Violence &
Sexual Assault Crises Hotline
888-363-2287

Kansas Housing Hotline
800-752-4422

Low Income Energy Assistance
Program (LIEAP)
Apply through Department for
Children and Families
(January – March)
Topeka, 785-296-2649 or
800-432-0043

Salvation Army
Topeka, 785-233-9648
www.topeka.salvationarmy.us

Topeka North Outreach
(North Topeka Only)
Topeka, 785-286-1370

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

EMPLOYMENT ASSISTANCE

Cascade Health Services

Topeka, 785-228-9922
Fax 785-228-9974
www.cascadestaff.com

Educational Opportunity Center
Topeka, 785-272-5828

Heartland Works, Inc.
Topeka, 785-235-5627
www.heartlandworks.org

Key Staffing
Topeka, 785-272-9999
www.keystaffing.com

National Indian Council On Aging
(NICOA)
Albuquerque, NM
505-292-2001
www.nicoa.org

Older Kansans Employment
Program (OKEP)
Let's Help, Inc.
Topeka, 785-234-6208
Fax 785-354-7145

Senior Community Services
Employment Program
Topeka, 785-263-2031

Topeka Foster Grandparents
Program
Topeka, 785-296-5474

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Topeka Workforce Center
Topeka, 785-235-5627

Valeo Behavioral Health Care
Services for Employment Success
Topeka, 785-357-0580
www.valeotopeka.org

ERRAND SERVICE

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Angel Wings Companion Care
Topeka, 785-829-1431

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

Blassingame Home Care LLC
Topeka, 785-286-2273
www.blassingamehomecare.com

Caregivers Home Care
Topeka, 785-354-0767 or
785-217-5330

Cottage Senior Care, LLC
Mission, 913-428-6898
www.cottageseniorcare.com

Comfort Keepers
Topeka, 785-267-8200
www.comfortkeepers.com
topeka-328.comfortkeepers.com

Heart 2 Heart In Home Care
Lawrence, 785-764-9946
www.heart2heartkansas.com

Home Instead Senior Care
Topeka, 785-272-6101
Fax 785-246-5316
www.homeinstead.com/584

Home Town Health Care
Topeka, 888-387-1160

Email:

info@hometownhealthcare.net

Interim HealthCare
Topeka, 785-272-1616
www.interimhealthcare.com

Professional Comfort Care
Lawrence, 785-832-8260

Professional Sitters Home Health
Lawrence, 785-842-3301
www.prosittershomehealth.com

FARM & RURAL ASSISTANCE

Community Action
Topeka, 785-235-9296
Fax 785-232-3200

Kansas Agricultural
Mediation Services
(*Confidential assistance for KS
Farmers, ranchers and lenders*)
800-321-3276
Fax 785-532-6532
www.ksre.ksu.edu/kams

K-State University KS Rural
Family Helpline
Manhattan, 866-327-6578
1-800-321-3276
Fax 785-532-2036

USDA Farm Service Agency
Topeka, 785-266-9053
Fax 785-266-8293
www.fsa.usda.gov

USDA Rural Development, State
Admin. Office
Topeka, 785-271-2700
www.rurdev.usda.gov/ks

FINANCIAL ASSISTANCE & INFORMATION

Department for Children and
Families (Department for Children
and Families) –Medicaid, food &
cash assistance, work programs

Topeka Area Office
500 SW Van Buren
Topeka, KS 66603
785-296-2500
TTY/TDD: 785-296-4026
Fax: 785-296-5666

Housing and Credit
Counseling, Inc.
Topeka, 785-234-0217
Fax 785-234-0237
www.hcci-ks.org

Kansas Department of Revenue
Taxpayer assistance
785-368-8222
Kansas taxpayer advocate
316-352-7506

Low Income Energy Assistance
Program (LIEAP)
Apply through Department for
Children and Families
Topeka, 800-432-0043

Social Security
Topeka, 888-327-1271
www.socialsecurity.gov

USDA Rural Development
State Administrative Offices
(*Rural home loans*)
Topeka, 785-271-2730
Fax 785-271-2708
www.rurdev.usda.gov/ks/

FOOD BANKS/PANTRIES/ GROCERY ASSISTANCE

***list updates every 3 months,
please call JAAA for an updated
list at 785-235-1367**

****MAACLINK Agencies; If you
receive food from any one of
these agencies there will be a 60
day waiting period until you can
return to that same agency or any
of the other MAACLInk agencies
for food assistance.**

Exception – Agency Discretion

**Most Agencies/Food Pantries will
ask for *Picture ID's, Social
Security Cards and Proof of
address.**

Antioch Family Life Center
(MAACLINK)
Topeka, 785-232-1937

Catholic Charities of NE Ks.
(MAACLINK)
Topeka, 233-0140

Doorstep, Inc. (MAACLINK)
Topeka, 785-357-5341

Fellowship & Faith Ministry
(MAACLINK)
Topeka, 785-354-7262

Harvester's –
The Community Food Network
215 SE Quincy Street
Topeka, 785-861-7704
Customer Care 877-774-5413
SNAP (*food stamps*) Helpline

877-653-9522 (*Harvesters can assist with eligibility & application questions*)
www.harvesters.org

I-CARE (MAACLINK)
Topeka: 785-267-5910

Let's Help (MAACLINK)
Topeka, 785-234-6208

Salvation Army (MAACLINK)
Topeka, 785-233-9648
www.topeka.salvationarmy.us

Topeka North Outreach
(MAACLINK)
(*North Topeka and Oakland residents only*)
Topeka, 785-286-1370

Topeka Rescue Mission
(MAACLINK)
Topeka, 785-357-4285

Bible Church of God Seventh Day
4th Saturday of month
1:30pm-3:00pm

East Topeka Senior Center
Harvesters Commodity Distribution
Topeka, 785- 232-7765
(*Must submit application & be approved*)
Mon – Fri, 9:30 a.m. - 11:30 a.m.

Elwanda's Food Pantry
New Hope United Methodist Church
Topeka, 785-233-0166
3rd Thursday of the month
12:00pm – 2:00pm

Family of God Church- Randel Ministries
Topeka, 785-234-1111
Tuesday & Thursday
10:30 am to 2:00 pm
1 visit every thirty days

God's Storehouse of Topeka
Topeka, 785-608-6743
Bread available every day
Food distribution Saturday's
12 p.m. – 3:30 p.m. Closed Sunday

Highland Crest HOPE Food Pantry
Topeka, 785-266-5537
3rd Sunday 12:00 pm – 2:00 pm
3rd Wednesday 6:00 pm -7:00 pm
4th Wednesday 6:00pm - 7:00 pm
Annual application
One visit per month.

Highland Park High School Food Pantry
Fred Willer 785-274-6026
Available to all HPHS students & families or by referral from school counselor or social worker of USD
501 schools

Hope House
Oakland Church of the Nazarene
Topeka, 785-220-6875 (Matt) or
785-357-5230 (Larry)
Distribution second and last Sunday of the month, available anytime by appt.

Inward Faith Outreach Ministries
Topeka, 785-234-2332
4th Friday of the month
12:00 p.m. - 4:00 p.m.

Joyful Harvest
Topeka, 785-354-8154
Bring bag or box for food
Friday 6:30 a.m. - 10 a.m.
Optional \$1 to \$5 donation

Let There Be Light
Topeka, 785-230-4659

Meals on Wheels of Shawnee and Jefferson Counties, Inc.
Topeka 785-295-3980
Fax 785-295-3980
www.mowks.org

New Hope Baptist Church - Food Pantry
Topeka, 785-220-1123
1st & 3rd Saturdays 9 am – 12 pm
2nd and 4th Monday's 9 am - 12 pm
May go twice per month

Open Arms Outreach Ministries:
House of Lazarus food pantry
4th Saturday of the month
11:00 a.m.-3:00 p.m.

Prairie Land Food Bank
Topeka, 785-862-1919
Tues 9:00am – 11:00am
Once every 60 days

Prairie Land Foods
Topeka, 785-845-7222
Offers monthly food packages at a discounted price
www.prairielandfood.com

Positive Connections
(*Must be HIV + and enrolled in agency case management services*)
Topeka, 785-232-3100
Once every 30 days

Silverbackks, Inc. - SilverSupper
Monday – Thursday evenings
Hillcrest Community Center at
5:45pm in the lunchroom

Central Park Community Center at
5:30 in the lunchroom
Ages 18 and under, no ID required

St. Matthew Church
Food limited to supply on hand
Wednesdays 9:00 am to 10:00 am

Temple of Deliverance Church
Bethesda Food Bank
3rd & 4th Saturday's 10am-12:00 pm

MOBILE FOOD PANTRIES

Oakland United Methodist Church
801 SE Chester, 785-235-1010
1st Monday of every month –
4:30pm- 6:30pm or until food runs
out

Town & Country Christian Church
Location: Kansas Neurological
Institute, 3107 SW 21st St
1st Thursday of every month –
9:30 am until the food runs out

Central Topeka Turnaround Team
Location: Kansas Expo Centre,
17th/Topeka Blvd
2nd Tuesday of every month –
9:00 am until the food runs out

Inward Faith Ministries
625 Polk 234-2332
3rd Saturday of the month
9:00 am (April – November)

Eastside Church of God in Christ
2724 SE 10th, just north of Pine
Ridge Community Ctr.
3rd Saturday of the month –
11:00 am or until food runs out

Randel Ministries –
1231 NW Eugene
4th Tuesday of the month –
9:00 am until the food runs out
(April – November)

Antioch Family Life Center –
1921 SE Indiana
4th Saturday of the month,
11:00 a.m. until the food runs out

First Free Methodist Church
3450 SE Indiana
4th Saturday of the month,
(quarterly: July, Oct, Jan, Apr)
9:00 a.m. – 11:00 a.m.

Rossville – Community Action
Citizen Potawatomi Nation,
806 Nishnabe Trail, Rossville, KS
4th Wednesday of the month –
1:00 pm-2:00 pm (Mar – Nov)

Auburn – Community Action
Auburn Community Center,
121 W. 11th, Auburn, KS
4th Friday of every month
12:30 pm- 2:00 pm (Mar – Nov)

***OTHER RESOURCES & TOOLS**

Corita's Corner Sandwich Ministry,
234 S. Kansas -Walk up window
located in the east side of the
building (back of building)
Sack Lunch
Mon – Thurs 9:00am-2:00pm
Fri 9:00am 12:30pm

Grace Episcopal Cathedral,
701 SW 8th Avenue
Every Saturday, distribute sack
lunches 8:30am - 11:30am

United Way help line 2-1-1 or
888- 413-4327

FOOT CARE

**(See Also Community Health
Organizations)**

Dr. Gaston Mobile Podiatrist
Lawrence, 785-766-2322
lgaston@sunflower.com

East Topeka Senior Center
(Mon- Fri 9am- 2pm)
Topeka, 785-232-7765

Neat Feet – Dan Byl, RN
(Homebound toe nail trimming.)
Topeka, 785-357-1979 or
CELL 785 220 3039

FRIENDLY VISITOR

Friendly Visitors Program &
Ring a Day
Topeka, 785-233-6300
Fax 785-233-7234
www.catholiccharitiesks.org

GRIEF AND LOSS

(See Also Hospice)
Compassionate Friends, Inc
(For loss of child only)
785-272-4895

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare connections.org

Widowed Persons Service (*Social and Support*)
785-357-7290 (*call Julie Steel*)

HEALTH SCREENINGS (See Community Health Services)

HEARING ASSISTANCE (See Deaf and Hard of Hearing)

HOME HEALTH

(* Licensed by State of Kansas

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

(* Advantaged Home Care, Inc.
Topeka, 785-267-4433
Fax 785-273-1744

Advocare
Wamego, 800-767-8718
Fax 785-456-8943
www.advocarehomecare.com

(* Caregivers Home Care
Topeka, 785-354-0767 or
785-217-5330

Comfort Keepers
Topeka, 785-267-8200
www.comfortkeepers.com
topeka-328.comfortkeepers.com

Home Instead Senior Care
Topeka, 785-272-6101
Fax 785-246-5316
www.homeinstead.com

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Interim HealthCare
Topeka, 785-272-1616
www.interimhealthcare.com

Integrity Home Care
Leawood, 888-793-1795
www.integrityhc.com

Kansas Rehabilitation Hospital
Home Health Services
Topeka, 785-235-6600
Fax 785-232-8545
www.kansasrehabhospital.com

(* Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

PRN Home Health and Hospice
Topeka, 785-232-0440 or
800-222-6344
Fax 785-456-7194
www.prnhomehealthhospice.com

Professional Comfort Care
Lawrence, 785-832-8260

Professional Sitters Home Health
Lawrence, 785-842-3301
www.prosittershomehealth.com

St. Francis Home Health
Topeka, 785-295-8240 or
785-295-8000
www.stfrancistopeka.org

Turning Point Home Health Care
Leavenworth, 913-727-2757
Fax: 913-727-2736

Veterans Home Care
877-390-6377

www.veteranshomecare.com

Visiting Nurses
Topeka, 785-234-2700

HOME PLUS
Hillsdale Place
Topeka, 785-383-7094

Oakley Place of Rossville
Rossville, 785-221-7740

Oakley Place of Topeka
Topeka, 785-232-6000

Prairie Wind Senior Living
Berryton, 785-862-5318

Tammy The Pro Home Plus
Topeka, 785-383-7094

Topeka Adult Care Center
Topeka, 785-233-7397
Fax 785-233-7397

Winter Meadow Homes Inc.
Topeka, 785-234-2989 or
785-383-4531
www.wintermeadowhomesinc.com

HOME REPAIR, EMERGENCY REPAIR AND ACCESSIBILITY
Bath Innovations Walk-in Bathtubs
Topeka, 913- 912-1750

City of Topeka Housing
& Neighborhood Development
Topeka, 785-368-3711
www.topeka.org

Community Action
Topeka, 785-235-9296

Kansas Housing Resources Corporation
Topeka, 785-296-5865
Fax 785-296-8985
www.kshousingcorp.org

Miracle Method of Topeka
Topeka, 785-235-3225

Topeka ReBath
Topeka, 785-266-9800

USDA Rural Development
State Administrative Offices
Topeka, 785-271-2730
Fax 785-271-2708
www.rurdev.usda.gov/ks

HOSPICE

Catholic Community Hospice
Topeka, 785-357-5107
Fax 785-233-7234
www.catholiccharitiesks.org

Grace Hospice
Topeka, 785-228-0400 or
800-396-7778
www.gracehospicellc.com

Heartland Hospice
Topeka, 785-271-6500
www.hcr-manorcare.com

Gentiva Home Health & Hospice
Topeka, 785-273-4357
www.gentiva.com

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

PRN Home Health and Hospice
Topeka, 785-232-0440 or

800-222-6344
Fax 785-456-7194
www.prnhomehealthhospice.com

HOSPITALS AND REHABILITATION CENTERS

Aldersgate Village Recovery Center
Topeka, 785-478-9500
www.aldersgatevillage.org

Colmery-O'Neil
VA Medical Center
Topeka, 785-350-3111
Eligibility Clerk: 785-350-4408
www.va.gov

Kansas Rehabilitation Hospital
Topeka, 785-235-6600
www.kansasrehab.com

Meadowbrook Rehabilitation Hospital
Gardner, (913) 856-8747
www.meadowbrookrehab.com

Minds Matter
Overland Park, 913-789-9900
www.mindsmatterllc.com

New Dawn Wellness and Recovery Center, Inc
Topeka, 785-266-0202
www.newdawnrecovery.org

Rebound Physical Therapy
Topeka Main Clinic, 785-271-5533
South Clinic, 785-271-5533
www.reboundphysicaltherapy.com

St. Francis Health Center
Aquatic Therapy
Physician ordered: 785-295-8045 or
After Care Fitness Class:

785-640-7520

St. Francis Hospital and Medical Center
Topeka, 785-295-8000
www.stfrancistopeka.org
Select Specialty Hospital
Topeka, 785-295-5551
www.selectmedicalcorp.com

Senior Diagnostic and Treatment Center
Topeka, 785-354-6694
Fax 785-354-5087
www.stormontvail.org

Shawnee Regional Prevention and Recovery Services
Topeka, 785-266-8666
www.parstopeka.com

Stormont Vail Regional Healthcare
Topeka, 785-354-6000
www.stormontvail.org

Tanglewood Nursing & Rehabilitation
Topeka, 785-273-0886

Visiting Nurses
Topeka, 785-234-2700

HOUSING ASSISTANCE & INFORMATION

City of Topeka
785-368-3111
Topeka Code Compliance
785-368-3161

Community Action
Topeka, 785-235-9296

Cornerstone of Topeka, Inc.
Topeka, 785-232-1650

Fax 785-232-3255

Housing and Credit
Counseling, Inc.

Topeka, 785-234-0217

Fax 785-234-0237

www.hcci-ks.org

Kansas Legal Services

Topeka, 785-354-8531

To apply for assistance:

800-723-6953

www.kansaslegalservices.org

Kansas Housing Resources
Corporation

Topeka, 785-296-5865

Fax 785-296-8985

www.kshousingcorp.org

Sheltered Living

Topeka, 785-233-2566

Emergency: 785-224-0139

Topeka Housing Authority

Topeka, 785-357-8842

www.tha.gov

Topeka Rescue Mission

Topeka, 785-354-1744

Fax 785-354-8661

www.trmonline.org

USDA Rural Development
State Administrative Offices
(*Rural home loans also*)

Topeka, 785-271-2700

www.rurdev.usda.gov/ks

IN HOME SERVICES

A Helping Hand Home Care

Lawrence, 785-856-0192

www.ahelpinghandhc.com

Advantaged Home Care, Inc.

Topeka, 785-267-4433

Fax 785-273-1744

Advocare

Wamego, 800-767-8718

Fax 785-456-8943

www.advocarehomecare.com

Angels At Home Care

Topeka, 785-271-4376

www.angelsathomecareks.com

Blossingame Home Care LLC

Topeka, 785-286-2273

www.blossingamehomecare.com

Benefits of Home

Lawrence, 785-727-1816

www.benefitsofhome.com

Caregivers Home Care

Topeka, 785-354-0767 or

785-217-5330

Comfort Keepers

Topeka, 785-267-8200

www.comfortkeepers.com

topeka-328.comfortkeepers.com

Cottage Senior Care, LLC

Mission, 913-428-6898

www.cottageseniorcare.com

Heart 2 Heart In Home Care

Lawrence, 785-764-9946

www.heart2heartkansas.com

Home Instead Senior Care

Topeka, 785-272-6101

Fax 785-246-5316

www.homeinstead.com/584

Home Town Health Care

Topeka, 888-387-1160

Email:

info@hometownhealthcare.net

Interim HealthCare

Topeka, 785-272-1616

www.interimhealthcare.com

Jayhawk Area Agency on Aging

(*For more information*)

Topeka, 785-235-1367 or

800-798-1366

Fax 785-235-2443

www.jhawkaaa.org

Meriden Adult Services

Meriden, 785-484-2380

Midland Care

Topeka, 785-232-2044

800-491-3691

www.midlandcareconnections.org

PRN Home Health and Hospice

Topeka, 785-232-0440 or

800-222-6344

Fax 785-456-7194

www.prnhomehealthhospice.com

Professional Comfort Care

Lawrence, 785-832-8260

Professional Sitters Home Health

Lawrence, 785-842-3301

www.prosittershomehealth.com

Turning Point Home Health Care

Leavenworth, 913-727-2757

Fax: 913-727-2736

Veterans Home Care

877-390-6377

www.veteranshomecare.com

Visiting Nurses

Topeka, 785-234-2700

Windsor Place At-Home Care
Lawrence, 785-843-4800

**INFORMATION
AND ASSISTANCE**

Alzheimer's Association
Topeka, 785-271-1844 or
800-272-3900
www.alz.org/kansascity

City of Topeka
Topeka, 785-368-3111
www.topeka.org

Community Action
Topeka, 785-235-9296

Customized Senior Navigator
Angi Heller-Workman, BSW
Private Care Manager
angi.workman@gmail.com
Topeka, 785-640-1304

El Centro of Topeka
Topeka, 785-232-8207
www.elcentrooftopeka.org

Kansas Elder Care Locator
800-677-1116

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Department for Aging and
Disability Services
Topeka, 785-296-4986 or
800-432-3535

Parkinson's Information Service
(PINS)
800-457-6676

State of Kansas
General Information
Topeka, 785-296-0111
www.kansas.gov

Stormont-Vail Healthcare
Health Wise 55 Resource Center
Topeka, 785-354-6787

Topeka/Shawnee County
Public Library
Community Information Service &
Red Carpet Service
Topeka, 785-580-4530
www.tscpl.org

United Way Information
& Referral
785-273-4804 or DIAL 2-1-1

United States Government
(General Information)
800-688-9889 or
TTY: 800-326-2996
www.usa.gov

**INSURANCE/MEDICARE/
MEDICAID**

**(Information/ Assistance/
Referral)**
Department for Children and
Families
(Medicaid and Medicare Savings
Application)

Topeka, 785-296-2500

Healthwise 55 Resource Center
Topeka, 785-354-6787

Jayhawk Area Agency on Aging

Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Foundation for
Medical Care, Inc.
(Provides information on Medicare
beneficiary's rights. Ensures
Medicare patients receive medical
care that is necessary, appropriate
and of high quality)
785-273-2552 or 800-432-0407

Kansas Insurance Department
Topeka, 785-296-3071 or
800-432-2484
www.ksinsurance.org

Medicare
(For specific billing questions and
questions about your claims,
medical records, or expenses)
800-633-4227
Hearing & Speech Impaired:
877-486-2048
www.medicare.gov

Office of the Inspector General
Fraud & Abuse Hotline:
800-447-8477
(Call if you feel a health care
provider has fraudulently billed the
Medicare Program)

Railroad Retirement Board
877-772-5772
www.rrb.gov

Resource Center for Independent
Living
Topeka, 785-267-1717 or
800-580-7245
Fax 785-528-3665

www.rcilinc.org

Social Security Teleservice Center
(*information, schedule appointments, or resolve issues with benefits*)

Toll Free: 800-772-1213

Senior Health Insurance
Counseling for Kansas (SHICK)

800-860-5260 or

TDD: 877-235-3151

www.kdads.ks.gov

Kansas Medical Assistance
Program

(*Information for Medicaid beneficiaries*)

800-766-9012

www.kmap-state-ks.us

Topeka Independent Living

Resource Center (TILRC)

785- 233-4572 V/TDD

785- 233-1815 TTY

Fax 785- 233-1561

www.tilrc.org

INTERPRETATION/ CULTURAL AWARENESS

El Centro of Topeka

Topeka, 785-232-8207

www.elcentrooftopeka.org

LULAC Senior Center

Topeka, 785-234-5809 or

785-233-7498

Fax 785-233-1828

Washburn International House

Topeka, 785-670-1010

Email: international@washburn.edu

LEGAL SERVICES

Disability Rights

Center of Kansas

Topeka, 785-273-9661 or

877-776-1541

TDD 877-335-3725

www.drckansas.org

Kansas Elder Law Hot Line

888-353-5337

Kansas Legal Services

Topeka, 785-354-8531

To apply for assistance:

800-723-6953

www.kansaslegalservices.org

Kansas Attorney General

8a-5p, Mon - Fri

Topeka, 785-296-2215

Fax 785-296-6296

Consumer protection

800-432-2310 or

785-296-3751

Crime victims' rights

800-828-9745 or

785-291-3950

Crime victim's compensation

785-296-2359

www.ksag.org

Lawyer Referral Service

800-928-3111

Social Security

Topeka, 888-327-1271

www.socialsecurity.gov

Washburn Law Clinic

(*pre screening required – low income*)

785-670-1191

MEAL SITES/CHAMPPS

LOCATIONS

Meal sites for age 60 & over & or disabled. Donations are encouraged but there is no set fee.

Noon meal with reservations the day before by 3:00 p.m. at the site or by calling 295-3980

**The spouse of an individual over 60 who accompanies them to the center or if under age 60 you must pay full price for the meal.*

Auburn United Methodist Church

Auburn, 785-295-3980

Breakthrough House Club House

Open Lunch on Monday's 12:00pm to 12:30 pm

East Topeka Senior Center

Topeka, 785-295-3980

The First Apartments

Topeka, 785-295-3980

www.thefirstapartments.org

Hands of Hope Ministry,

The Moose Lodge Parking Lot,
1901 N. Kansas Ave.

Mondays, 5:30pm- 6:30 pm

Provides a hot evening meal for those in need.

Highland Park United

Methodist Church

Topeka, 785-295-3980

Let's Help

Mon-Fri 11:30am – 1:00pm

Last Saturday of the Month –

Brunch, 9:30am -10:30 am

LULAC Senior Center

Topeka, 785-295-3980
www.facebook.com/TopekaLULAC

Meals on Wheels of Shawnee and
Jefferson Counties, Inc.
Topeka 785-295-3980
Fax 785-295-3980
www.mowks.org
Oakland Christian Church
Topeka, 785-232-0002
Free meal 12:15pm to 1:15 pm
every Sunday of each month

Papan's Landing Senior Center
Topeka, 785-295-3980
www.papanslanding.com

Rossville Senior Center
Rossville, 785-295-3980

Salvation Army
(Evening Meal Only
Mon- Fri - 4pm to 5pm)
Topeka, 785-233-9648
Fax 785-233-9846
www.topeka.salvationarmy.us

Santa Fe Place Apartments
Topeka, 785-295-3980

Silver Lake Senior Citizen's Center
Silver Lake, 785-295-3980

Topeka North Outreach
(A free lunch is served at noon
every Friday for all Senior Citizens
at the North Topeka Baptist
Church)
Topeka, 785-286-1370
www.topekanorthoutreach.org

Topeka Rescue Mission,
Topeka, 785-354-1744
Monday - Friday

Breakfast 8:00am- 8:30am
Lunch 12:00pm-12:30 pm
Dinner 6:00pm-6:30pm
Saturday
Brunch 10:30am – 11:00am
Dinner 5:00pm – 5:30pm
Sunday
Breakfast 8:00am – 8:30am
Dinner 5:00pm – 5:30pm

Tyler Towers
Topeka, 785-295-3980

***CHAMPPPS LOCATIONS**
(*CHAMPSS meal program serving
sites: CHAMPSS card required*)
Call Jayhawk Area Agency on
Aging at 785-235-1367 for more
information.

Dillon's at 21st and Fairlawn
Dillon's at 29th and California
Dillon's at 29th and Urish Rd
Dillon's at Hwy 24 & Rochester Rd
Dillon's at 10th and Gage
Hy-Vee at 2951 SW Wanamaker

MEALS - HOME DELIVERED
Magic Meals
785-554-4524
www.mealslikemagic.com

Meals on Wheels of Shawnee and
Jefferson Counties, Inc.
Topeka 785-295-3980
Fax 785-295-3980
www.mowks.org

Mom's Meals
Topeka, 866-204-6111

Meals available in these
communities: *Auburn, Grantville,
McLouth, Meriden, Nortonville,
Ozawkie, Perry, Rossville, Silver*

*Lake, Topeka, Valley Falls,
Winchester*

MEDICARE (See Insurance)

MEDICAL EQUIPMENT
(See Assistive Technology)

MEDICAL SERVICES
(See Community Health Services
or Hospitals)

MEMORY CARE FACILITIES

Aldersgate Village
Topeka, 785-478-9440
www.aldersgatevillage.org

Brewster Health Center
Topeka, 785-267-1666 or
785-266-5782
www.brewsterplace.org

Clare Bridge Brookdale
Senior Living
(For Alzheimer/Dementia)
Topeka, 785-271-5100
Fax 785-271-8529
www.brookdaleliving.com

Homestead Assisted Living
Topeka, 785-272-2200
Fax 785-272-3862

Legend at Capital Ridge Assisted
Living and Memory Care Topeka,
785-272-9400
www.legendsseniorliving.com

(*) Peggy Kelly House 1
Topeka, 785-234-8888
Fax 785-234-0885

(*) Peggy Kelly House II
Topeka, 785-273-3773

Fax 785-271-6638

Rossville Healthcare and
Rehabilitation Center LLC
Rossville, 785-584-6104
Fax 785-584-6804

MENTAL HEALTH

Adolescent and Adult Partial
Hospital Program
Stormont-Vail West
Topeka, 785-270-4600
www.storemontvail.org

Alcoholics Anonymous Hotline
Topeka, 785-235-2226
www.aatopeka.org

Family Service and
Guidance Center
Topeka, 785-232-5005
www.fsgctopeka.com

Geriatric Mental Health Foundation
Bethesda, MD 301-654-7850
www.gmfhonline.org

Heartland Regional Alcohol &
Drug Assessment Center
Roeland Park, KS 913-789-0951
or 800-281-0029
www.hradac.com

Heritage Mental Health Clinic
Topeka, 785-272-5566
www.heritagemhc.com

Kansas Health Solutions
Mental Health Services
Topeka, 800-466-2222
www.kansashealthsolutions.org

Keys for Networking
Topeka, 785-233-8732 or

800-499-8732
www.keys.org

Narcotics Anonymous
24-hour Hotline: 785-232-5683
www.na.org

National Alliance on
Mental Illness (NAMI)
Topeka, 785-233-0755 or
800-539-2660
www.namiks.org

Prevention & Recovery Services
Topeka, 785-266-8666
Fax 785-266-3833
www.parstopeka.com

Senior Diagnostic and Treatment
Center
Topeka, 785-354-6695
www.stormontvail.org

Shawnee County Health Agency
Gatekeepers Program
Topeka, 785-251-2751
www.shawneehealth.org

Sunshine Connection
Topeka, 785-232-0315

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

PARKINSON'S DISEASE
(See also Alzheimer's and/or
Community Health)

Parkinson's Information Line
800-327-4545
www.parkinson.org

PET CARE AND ANIMAL CONTROL

Animal Control
City of Topeka, 785-368-9203
Shawnee County, 785-368-2200

Blassingame Home Care LLC
Topeka, 785-286-2273
www.blassingamehomecare.com

Comfort Keepers
Topeka, 785-267-8200
www.comfortkeepers.com
topeka-328.comfortkeepers.com

Critter Care (*Provides assistance
with spaying or neutering pets*)
Topeka, 785-478-9985
www.crittercareoftopeka.com

Heart 2 Heart In Home Care
Lawrence, 785-764-9946
www.heart2heartkansas.com

Helping Hands Humane Society
Topeka, 785-233-7325
E-mail:
helpinghands@hhhstopeka.org

PANT - Pet Assistance Network of
Topeka (*Temporary shelter for pets
of homeless or battered persons*)
Topeka, 785-270-8104

PRESCRIPTION DRUG ASSISTANCE AND RESOURCES

Canada Drug of Topeka
Topeka, 785-272-6100 or
866-804-6100

Chronic Disease Fund

(Patient must have medical insurance coverage, been prescribed a medication that is part of the CDF Formulary and meet our program income criteria)
877-968-7233
www.cdfund.org

Emergency Assistance Program of Topeka North Outreach, Inc.
(provides limited Financial assistance to persons living in North Topeka and Oakland communities)
Topeka, 785-286-1370
www.topekanorthoutreach.org

NeedyMeds
Helpline 800-503-6897
Email: info@needymeds.org
www.needymeds.org

Partnership for Prescription Assistance
888-477-2669

Salvation Army
Topeka, 785-233-9648
www.topeka.salvationarmy.us

Shawnee County Health Agency
Patient Prescription Assistance Program
Topeka, 785-251-2017
Email: haadmin@snco.us
www.shawneehealth.org

RECREATION/ SOCIALIZATION (See also Travel)

Auburn Senior Center
Auburn, 785-256-2917

Brewster At Home
Topeka, 785-274-3303
www.brewsterplace.org
East Topeka Senior Center
(Mon- Fri 9am- 2pm)
Topeka, 785-232-7765

Healthwise 55 - *(Lunch bunch, senior supper, dessert, coffee groups, and more)*
785-354-6787

Kansas Senior Olympics
Topeka, 785-368-3798

LULAC Senior Center
Topeka, 785-234-5809
Fax 785-233-1828

League of Women Voters
Topeka, (785) 234-5152
www.lwvk.org (web)
lwv.kansas@gmail.com

Papan's Landing Senior Center
Topeka, 785-232-1968
Fax 785-232-1968

Rossville Senior Center
Rossville, 785-584-6364

Shawnee County North Community Center
Topeka, 785-286-0676
Fax 785-246-0804

Silver Lake Senior Center
Silver Lake, 785-582-5371

Topeka Parks and Recreation Department.

Senior Adult Programs
Topeka, 785-368-3798

Velma K. Paris
Community Center
Topeka, 785-862-1630
Washburn Mulvane Art Museum
785-670-1124

RESPIRE CARE

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Aldersgate Village
Topeka, 785-478-9440
www.aldersgatevillage.org

Alzheimer's Association
Heart of America Chapter
(24 hour information and support line)
Topeka, 785-271-1844 or
800-272-3900

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

Atria Hearthstone-Life
Guidance Neighborhood
Topeka, 785-234-6806
www.atriaseniorliving.com

Blassingame Home Care LLC
Topeka, 785-286-2273
www.blassingamehomecare.com

Benefits of Home
Lawrence, 785-727-1816
www.benefitsofhome.com

Caregivers Home Care
Topeka, 785-354-0767 or
785-217-5330

Clare Bridge Brookdale
Senior Living
(For Alzheimer's and Dementia)
Topeka, 785-271-5100
Fax 785-271-5595
www.brookdaleliving.com

Cottage Senior Care, LLC
Mission, 913-428-6898
www.cottageseniorcare.com

Heart 2 Heart In Home Care
Lawrence, 785-764-9946
www.heart2heartkansas.com

Home Instead Senior Care
Topeka, 785-272-6101
Fax 785-246-5316
www.homeinstead.com/584

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Homestead Assisted Living
Topeka, 785-272-2200
Fax 785-272-3862

Interim HealthCare
Topeka, 785-272-1616
www.interimhealthcare.com

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

Oakley Place of Rossville
Rossville, 785-221-7740

(*) Peggy Kelly House 1
Topeka, 785-234-8888

Fax 785-234-0885

(*) Peggy Kelly House II
Topeka, 785-273-3773
Fax 785-271-6638

Professional Sitters Home Health
Lawrence, 785-842-3301
www.prosittershomehealth.com

Rossville Healthcare and
Rehabilitation Center
Rossville, 785-584-6104

Tanglewood Nursing &
Rehabilitation
Topeka, 785-273-0886

The Windsor of Lawrence
Lawrence, 785-832-9900

V.A. Eastern Kansas
Healthcare System
Topeka, 785-350-3111

Veterans Home Care
877-390-6377
www.veteranshomecare.com

**RETIREMENT
COMMUNITIES**
(See Apartment Complex)

RURAL ASSISTANCE
Kansas Agricultural Mediation
Services
(Confidential assistance for KS
Farmers, ranchers and lenders)
800-321-3276
Fax 785-532-6532

Kansas State University
Kansas Rural Family Helpline
Manhattan, 866-327-6578

Fax 785-532-2036

Rural Development
Topeka, 785-271-2730

USDA Farm Service Agency
Topeka, 785-266-9053
Fax 785-266-8293
www.fsa.usda.gov

SENIOR CENTERS
Auburn Senior Center
Auburn, 785-256-2917

East Topeka Senior Center
(Mon- Fri 9am- 2pm)
Topeka, 785-232-7765

First Baptist Church - Shepherd's
Center
Topeka, 785-267-0248

LULAC Senior Center
Topeka, 785-234-5809
Fax 785-233-1828

Papan's Landing Senior
Topeka, 785-232-1968
Fax 785-232-1102

Rossville Senior Center
Rossville, 785-584-6364

Silver Lake Senior Center
Silver Lake, 785-582-5371

SOCIAL SECURITY
Social Security
Topeka, 888-327-1271
www.socialsecurity.gov

SUPPORT GROUPS
(See Community Health Services)

TAX ASSISTANCE

(Feb 1 - April 15)

(Including Homestead and Food Sales Tax)

Community Action
Topeka, 785-235-9296

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Department of Revenue
Taxpayer assistance
785-368-8222

Kansas taxpayer advocate
316-352-7506
Automated Tax Refund Status
*(Income, Food, Sales, and
Homestead Taxes)*
800-894-0318

Kansas Tax Form Request
785-296-4937

Shawnee County Treasurer
785-233-8200

TELEPHONE REASSURANCE

Catholic Charities of
NE Kansas
Topeka, 785-233-6300
www.catholiccharitiesks.org

Home Buddy
Wichita, 316-262-8339 or
866-922-8339
Fax 316-941-2856
www.HomeBuddy.org

TRANSPORTATION

A & A Specialized Transportation
Topeka, 785-233-8212
*(Wheelchair accessible vehicle
available by appointment. Call at
least 48hours ahead)*

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Aldersgate Village
Topeka, 785-478-9440
www.aldersgatevillage.org

American Cancer Society
“Road to Recovery”
*(Provides ambulatory cancer
patients with ground transportation
to and from cancer treatment. Rides
are dependent on volunteer driver
availability)*
Topeka, 785-273-4462 or
800-227-2345

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

Assisted Transportation
Topeka, 785-291-2910

Blassingame Home Care LLC
Topeka, 785-286-2273
www.blassingamehomecare.com

Benefits of Home
Lawrence, 785-727-1816
www.benefitsofhome.com

Capitol City Taxi
Topeka, 785-267-3777

Catholic Charities of
NE Kansas
*(60+, no wheelchair
accommodations)*

Topeka, 785-233-6300
www.catholiccharitiesks.org

Cottage Senior Care, LLC
Mission, 913-428-6898
www.cottageseniorcare.com
First Class Transportation
Topeka, 785-266-1331
Call for wheelchair accessible

Greyhound Bus Lines
Topeka, 785-233-2301 or
800-800-2814

Heart 2 Heart In Home Care
Lawrence, 785-764-9946
www.heart2heartkansas.com

Home Instead Senior Care
Topeka, 785-272-6101
Fax 785-246-5316
www.homeinstead.com/584

Monarch Transportation Services
Topeka, (785) 266-0017

PickMeUp Transport
Topeka, 785-217-4221

Prairie Band Potawatomie Casino
*(General transportation to doctor
appointment and grocery shopping)*
Topeka, 866-727-8181

St. Francis Health Center
*(For Cancer patients receiving
treatment at the hospital only)*
Topeka, 785-295-8008 or
866-259-9602
www.stfrancistopeka.org

Senior Center Transportation
*(Must be 60+ or adult with
disabilities)*

Hotline: 785-251-2988

StageCoach, LLC
Topeka, 785-231-4680

Topeka Metro
ADA Lift Service
(The Lift service is a public transportation program which provides door-to-door bus service for persons with disabilities who are unable to use the wheelchair accessible fixed route bus system)
Topeka, 785-783-7000
www.topekametro.org

Topeka Metro- Fixed Route
()Reduced fares for Seniors 65+ and adults with disabilities)*
Topeka, 785-783-7000

Veterans Administration
Volunteer Transportation
Topeka
785-350-3111 ext. 54528
(Only for veterans going to or from services at the VA hospital)

Veterans Home Care
877-390-6377
www.veteranshomecare.com

Yellow Cab Co
Topeka, 785-357-4444

TRAVEL

Angel Flight Central
(Member of Air Charity Network Assists with free long distance transportation for people in need and/or requiring medical treatment.)
877-621-7177

Elderhostel – *(Adventures in Lifelong Learning Educational travel for adults 55 and over.)*
800-454-5768
www.elderhostel.org

UTILITY ASSISTANCE

American Red Cross
“Project Deserve”
Topeka, 888-765-9058
www.westarenergy.com

Breakthrough House
(Must have proof of mental illness.)
Topeka, 785-232-6807
Catholic Charities of NE Kansas
Topeka, 785-233-6300
www.catholiccharitiesks.org

Community Action
Topeka, 785-235-9296

Doorstep
Topeka, 785-357-5341
www.doorsteptopeka.org

Emergency Assistance Program of Topeka North Outreach, Inc.
(provides limited Financial assistance to persons living in North Topeka and Oakland communities in the area of medicine, rent assistance, and utilities)
Topeka, 785-286-1370
www.topekanorthoutreach.org

Let’s Help
Topeka, 785-234-6208
www.letshelpinc.org

Low Income Energy Assistance Program (LIEAP)
(January - March Apply through Department for Children and Families)
Topeka, 800-432-0043

Salvation Army
Topeka, 785-233-9648
www.topeka.salvationarmy.us

Telephone *(low income assistance)*
For more information about **Kansas Lifeline or Link Up America**, call your local telephone company. The number is on your telephone bill or in the front part of the telephone directory.

VETERANS AFFAIRS

American Legion State Headquarters
1314 SW Topeka Blvd., Ste. A
Topeka, KS 66612
www.legion.org

Department of Kansas VFW State Headquarters
Topeka, 785-272-6463
www.ksvfw.org

KS Commission on Veterans Affairs
Topeka, 785-296-3976
www.kcva.org

Veterans Administration - Medical Center
Topeka, 785-350-3111

VISION SERVICES

Audio-Reader
Lawrence, 785-864-4600 or 800-

772-8898
Fax 785-864-5268
www.reader.ku.edu

Eye Care America
(free eye exams)
877-887-6327
www.eyecareamerica.org
Envision
Wichita, 316-682-4646
www.envisionus.com

Lions Eye Health Program
(info only)
Topeka, 785-272-6102

Salvation Army
(Limited Eye exams and eyeglasses)
Topeka, 785-233-9648
www.topeka.salvationarmy.us

Sunflower Lions Club
*(Provides lower cost fees for Eye
Glasses & Exam
\$50 eye exam
\$40 Single Vision & \$80 bifocal
Requires application and referrals)*
Topeka, 785-272-6102

Topeka Lions Club
Topeka, 785-249-1913

Topeka Rescue Mission *(glasses)*
Topeka, 785-354-1744
www.trmonline.org

Topeka/Shawnee County
Public Library
Talking Books
Topeka, 785-580-4530 or
800-432-2925
www.tscl.org

**VOLUNTEER
OPPORTUNITIES**
Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

American Red Cross
Topeka, 785-234-0568

Catholic Charities of
NE Kansas
Topeka, 785-233-6300
www.catholiccharitiesks.org

Elder Helpers
734-330-2734 or
email: help@elderhelpers.org
www.elderhelpers.org

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Senior Olympics
*(multi-sport even for athletes,
ages 50+)*
Topeka, 785-251-2975

Meals on Wheels of Shawnee and
Jefferson Counties, Inc.
Topeka 785-295-3980
Fax 785-295-3980
www.mowks.org

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

Prairie Land Food
800-998-9436
www.prairielandfood.com

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

United Way of Greater Topeka
2-1-1 PROGRAM
Topeka, Dial 2-1-1 or
888-413-4327
www.211us.org

United Way of Greater Topeka
RETIRED & SENIOR
VOLUNTEER PROGRAM
Topeka, 785-228-5124
www.unitedwaytopeka.org

WEATHERIZATION
Community Action
Weatherization Assistance Program
Topeka, 785-232-3499

Kansas Housing Resources
Corporation
Weatherization Program
Topeka, Phone: (785) 296-4990

WEBSITES:
www.101eldercare.com
www.ageesteem.com
www.agingsociety.org
www.alz.org
www.aarp.org
www.ahiphiwire.org
www.americanaging.org
www.aoa.gov
www.apnetwork.org
www.asaging.org
www.caregiver.com
www.caregiving.org
www.cmwf.org
www.ElderCarelink.com
www.globalaging.org

www.healthcommunities.com

www.healthdecisions.org

www.kff.org

www.mymedicare.gov

www.ncea.aoa.gov

www.retiredbrains.com

www.rl.tv

www.urologychannel.com